

Young Person's Advocate

What support does an advocate offer?

- Specialist one-to-one support for young people aged 11-17 who have been directly affected by abuse, including child sexual exploitation
- Open to all genders
- Private sessions between the young person and a trained advocate – parents or guardians do not need to be present
- A confidential space to talk about their experiences, with emotional and practical support tailored to their needs

How to access support from an advocate?

- Sessions are flexible and can take place either in person at the young person's school or online via Microsoft Teams
- For young people under 16, consent from the non-abusive parent or carer is required

Questions?

0300 456 0174

Lines are open Monday to Friday, 9am – 5pm, or you can leave us a voicemail.

Email: bdadvocacy@refuge.org.uk

We're here to support you!

For urgent support, call the 24-hour National Domestic Abuse Helpline, run by Refuge: 0808 2000 247

A live chat service is available 10am-10pm, Monday to Friday, and 10am-6pm on weekends: www.nationaldahelpline.org.uk/chat-to-us-online

In an emergency situation, dial 999

Early Intervention Service



**For women and children.
Against domestic violence.**

Specialist support service for
children and young people
aged 5-17

Helpline: 0808 2000 247

Website: refuge.org.uk

Children's Outreach Service

How to access the service

Frequently asked questions

What do we offer?

- Support for children aged 5-16 who have witnessed domestic abuse
- Open to children of all genders
- Tailored one-to-one sessions based on each child's needs, covering topics such as understanding domestic abuse, anger management, emotional wellbeing and healthy relationships

Where does it happen?

- Sessions can take place in person at the child's school or online via Microsoft Teams
- Consent from the non-abusive parent or carer is required for sessions to go ahead

Emotional and practical support to help children understand the impact of domestic abuse, manage risks and create tailored safety plans

Professionals:

- Professionals can refer children and young people to the service using our referral form
- Complete the form with the child or young person's details and email it to: bdadvocacy@refuge.org.uk
- Please note: Consent from the non-abusive parent or carer is required for all referrals involving a young person under the age of 16

Self-referral:

- Individuals can refer themselves into the service by calling 0300 456 0174 (lines open Monday-Friday, 9am-5pm) or by emailing bdadvocacy@refuge.org.uk



Is this service free?

Yes – we provide this service completely free of charge

How long do you keep cases open?

There is no set time limit for working with a young person. Refuge's service is client-led, and the length of support varies depending on individual needs. We understand that building trust and rapport can take time, especially with young people, and we aim to provide tailored support at each client's own pace

Is it confidential?

Yes – all sessions are confidential. This means we won't share any information without permission, unless we believe there is a significant risk of harm