



# Barking & Dagenham

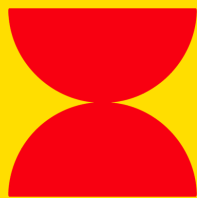
## Strengthening Families Strengthening Communities



Promoting a free inclusive course to help parents and carers to raise healthy and happy babies and young children.



Creche available upon request



SCAN ME



- **Location:** Park Centre, Rectory Road, Dagenham, RM10 9SA
- **Starting:** Friday 17<sup>th</sup> April 2026
- **Time:** 10am - 1pm
- **Contact:** Jade Briant 07841903289 [jade@racefound.org.uk](mailto:jade@racefound.org.uk)