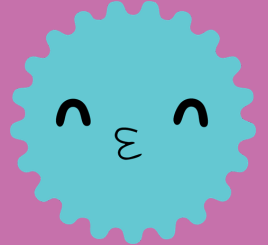




Barking & Dagenham

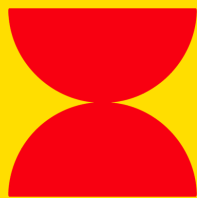
Strengthening Families Strengthening Communities



Promoting a free inclusive course to help parents and carers to raise healthy and happy babies and young children.



Creche available upon request



SCAN ME



- **Location:** Thames View Community Hub, Bastable Avenue, IG11 0LG
- **Starting:** Tuesday 14th April 2026
- **Time:** 10am - 1pm
- **Contact:** Jade Briant 07841903289 jade@racefound.org.uk